



Towards continuous BP monitoring and real-time prediction of IDH in haemodialysis

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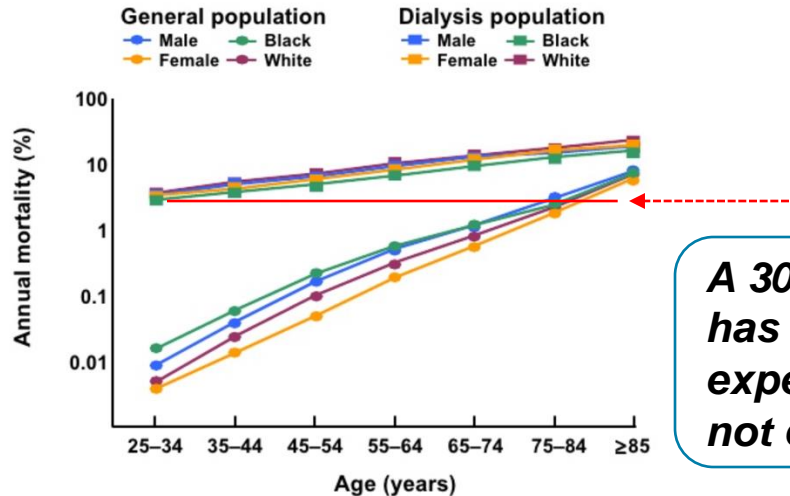
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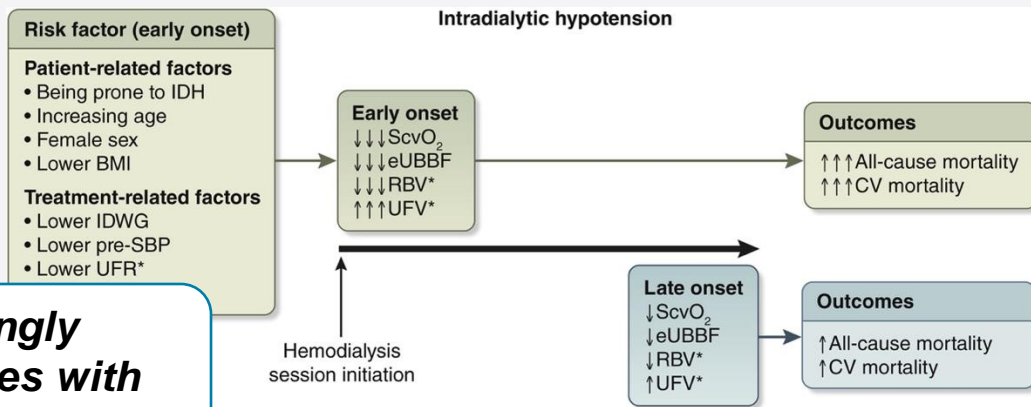


Haemodynamic effects of dialysis: driving CV mortality

Cardiovascular Mortality in the General Population and in Dialysis Patients



A 30yr old on dialysis has similar life expectancy to 80yr old not on dialysis



IDH strongly associates with mortality

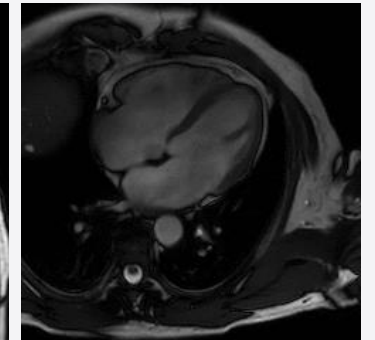
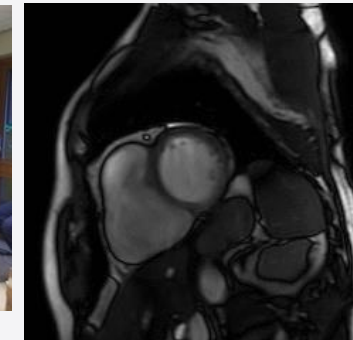
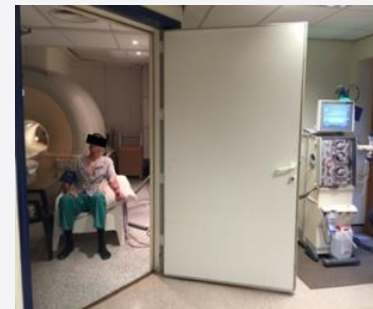
Sohn et al KI 2021; 99(6); 1269-72

CLINICAL RESEARCH

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Intradialytic Cardiac Magnetic Resonance Imaging to Assess Cardiovascular Responses in a Short-Term Trial of Hemodiafiltration and Hemodialysis

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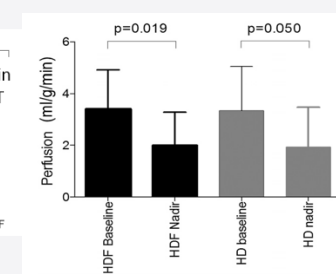
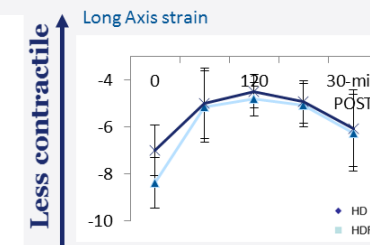
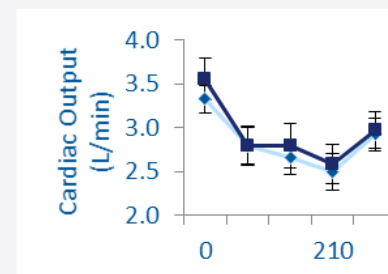


During dialysis:

↓ cardiac output

↓ LV contractility

↓ perfusion





Current haemodialysis practice

SENSORS IN HD MACHINE

(lots!)

vs.

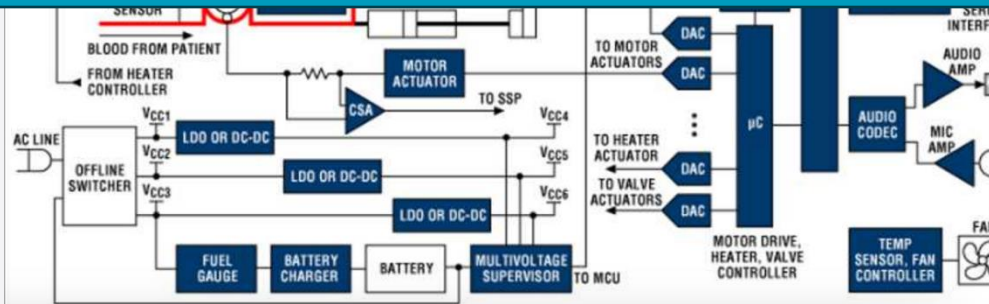
PATIENT MONITORING

(very little!)



AIMS OF ITREND PROJECT:

Develop and evaluate technology to continuously monitor blood pressure during dialysis and predict IDH



Here are several common problems that account for inaccurate blood pressure measurements.

When patient has ...

BP can change by this much ...^{3,4}

Cuff over clothing

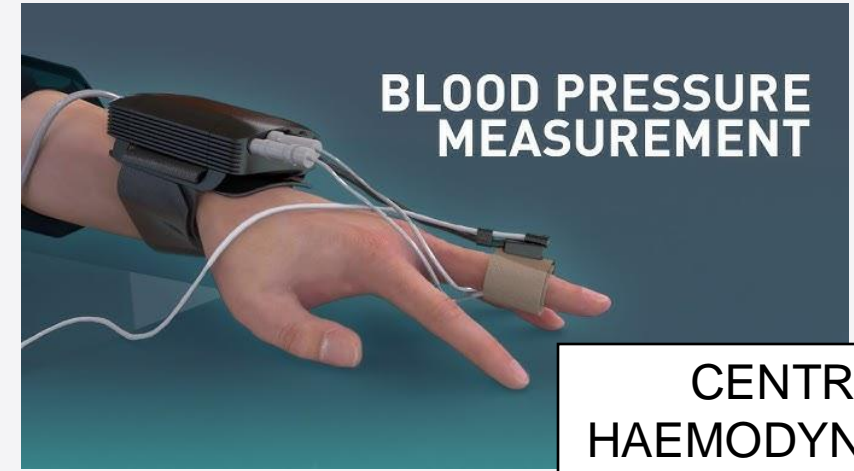
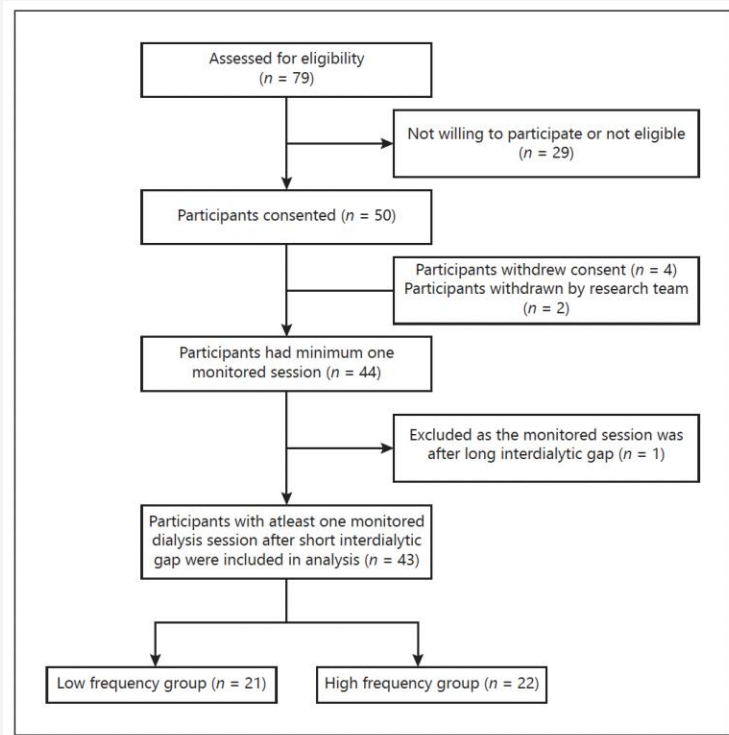
10–40 mm Hg



Initial approach – digital artery pulse wave analysis

An Analysis of Frequency of Continuous Blood Pressure Variation and Haemodynamic Responses during Haemodialysis

Venkata R. Latha Gullapudi^{a, b} Kelly White^c Jill Stewart^d Paul Stewart^d
Mohammed T. Eldehni^c Maarten W. Taal^{a, c} Nicholas M. Selby^{a, c}



CENTRAL
HAEMODYNAMICS
DERIVED





Extrema points analysis of continuous BP data

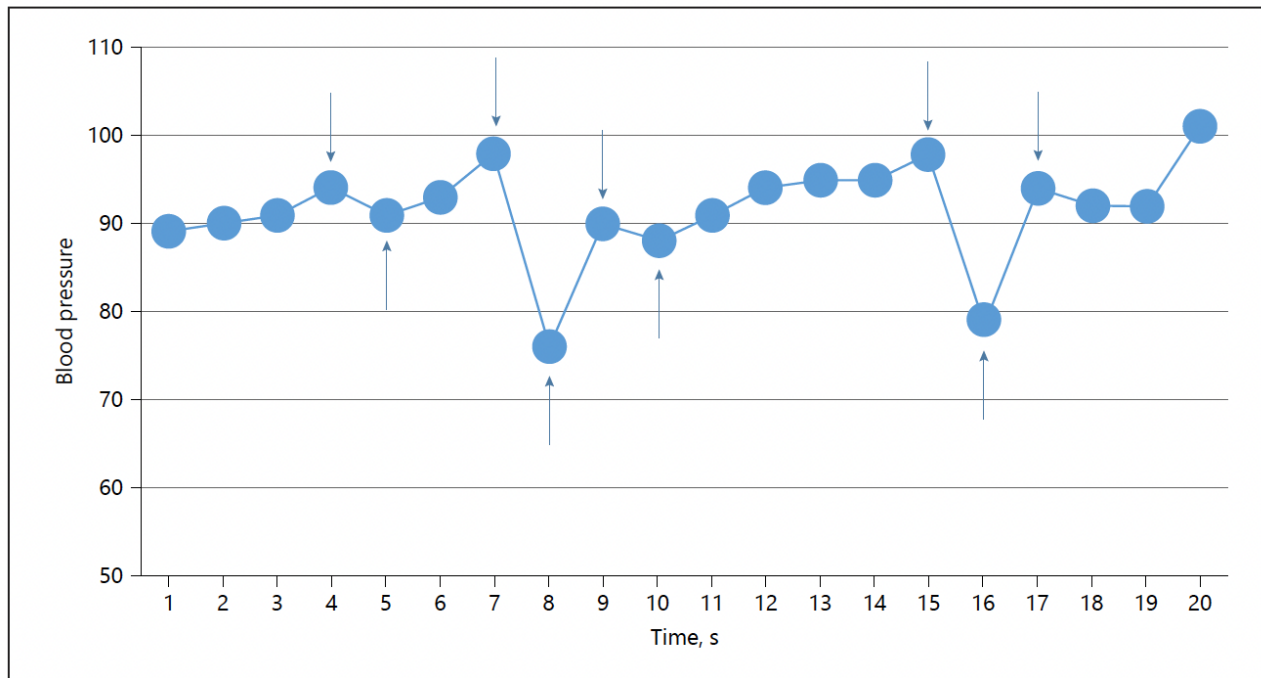
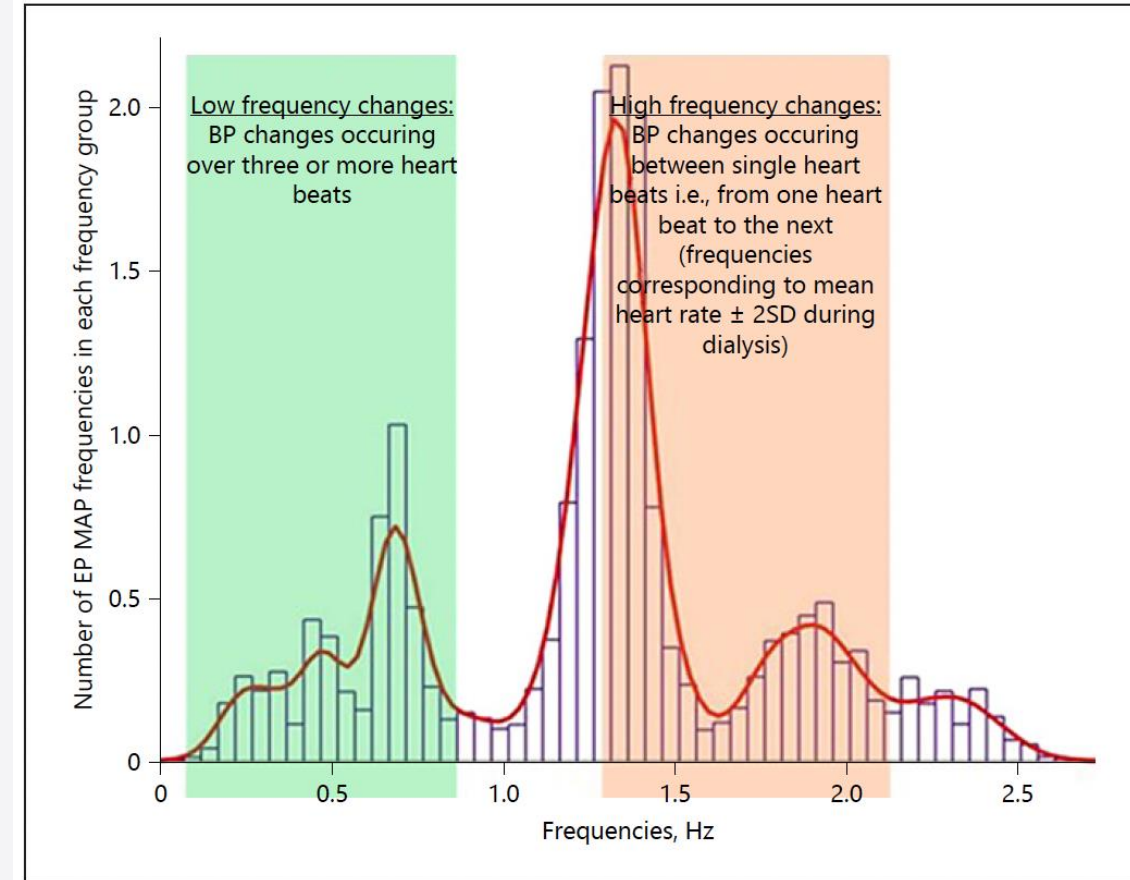


Fig. 1. Illustration of identification of EPs (minima and maxima identified by arrows) on a 20-s trace of MAP (labelled as BP) measurements. Once identified, frequency is calculated using the following formula $f = 1/\text{time difference between 2 consecutive EPs}$. EPs, extreme points; MAP, mean arterial pressure; BP, blood pressure.

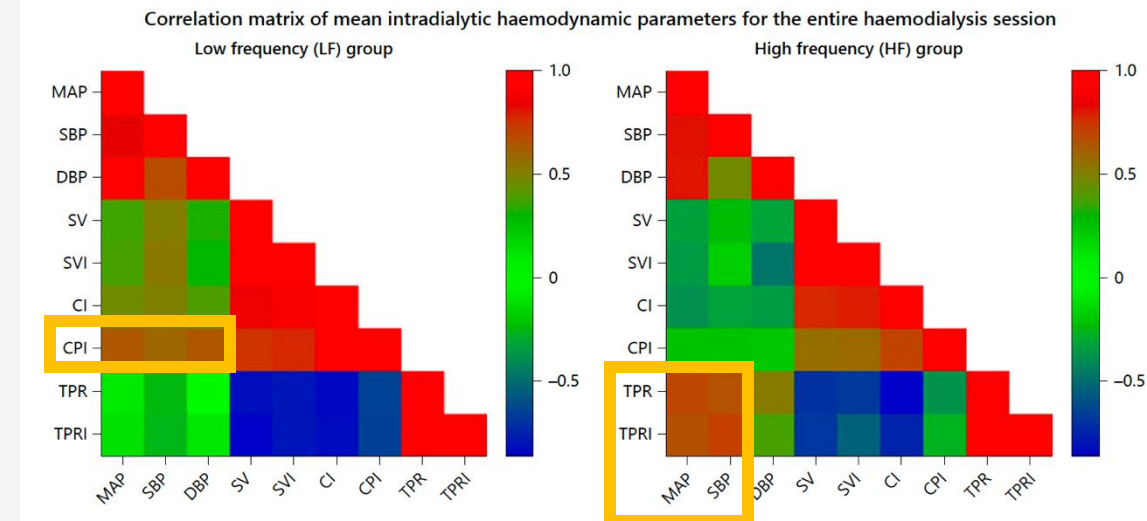
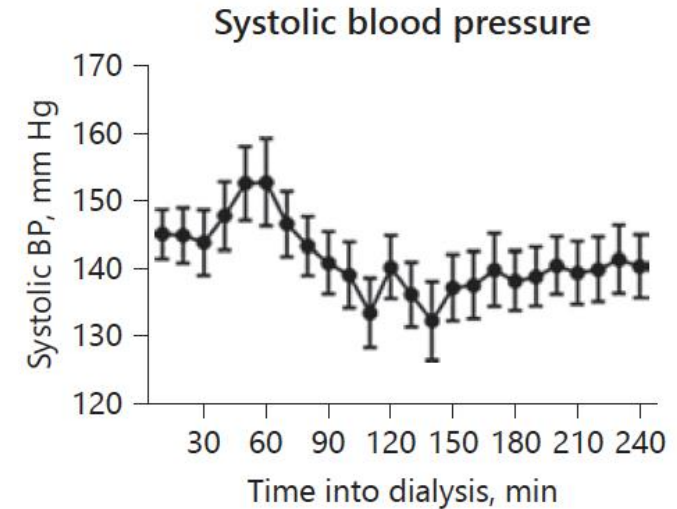


Low-frequency (LF) group: HFC/LFC ratio ≤ 0.5
High-frequency (HF) group with HFC/LFC ratio > 0.5



Results

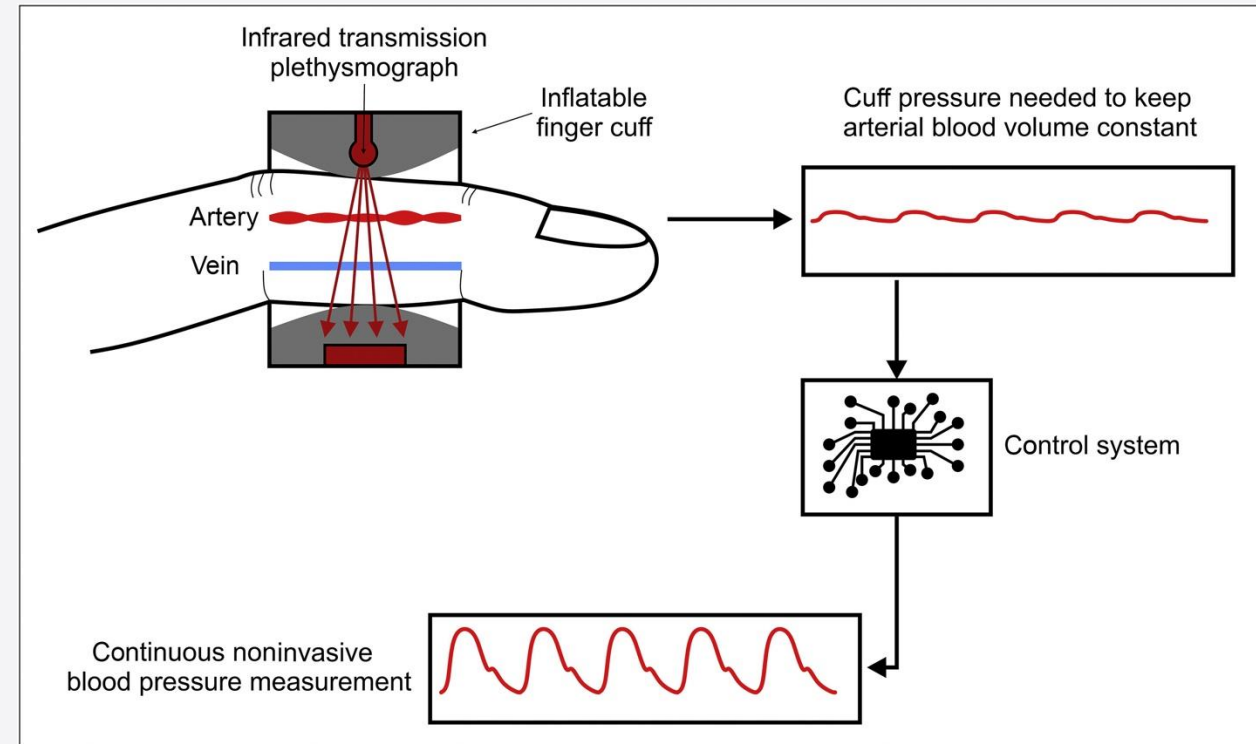
- Continuous BP measurement during HD allows assessment of beat-to-beat BP variability
- BP frequency correlates with NTpro-BNP
- Patterns of BP variability (frequency and magnitude) categorise patients according to haemodynamic response to dialysis
- Limitations of Finapres





Improving on Finapres

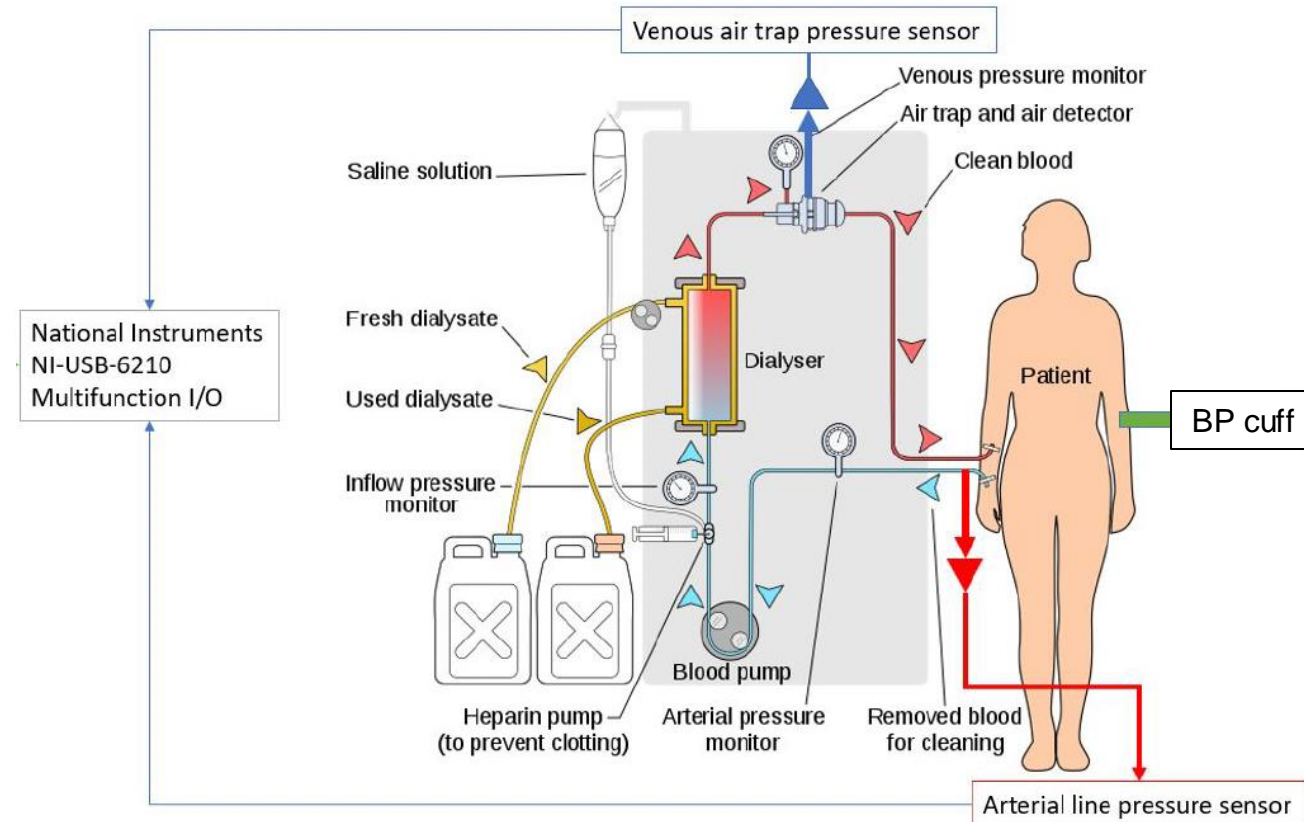
- Finapres derives aortic pressure wave by applying a mathematical model to peripheral pulse wave form
- Calibrated against brachial blood pressure cuff
- Hypothesis: arterial pressure can be measured from pressure wave in AV fistula





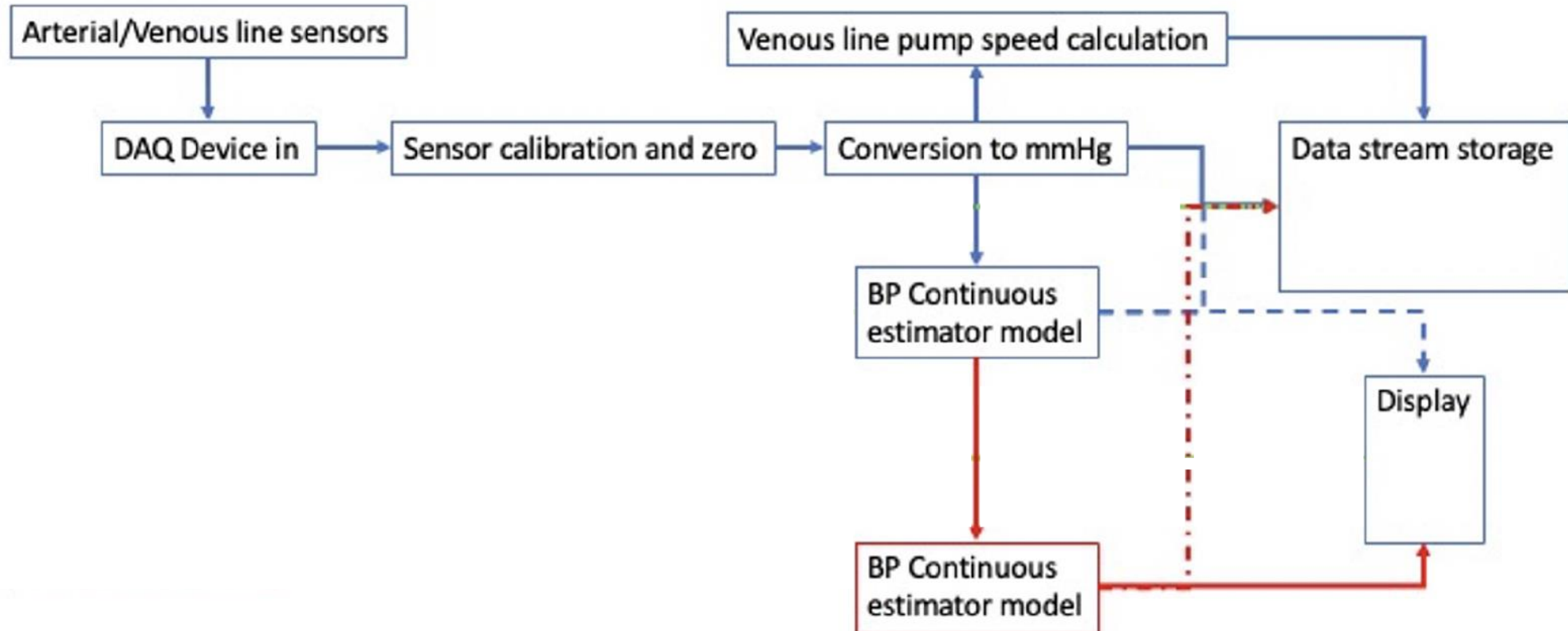
- 1 close to arterial needle in AVF
- 2 in venous bubble trap

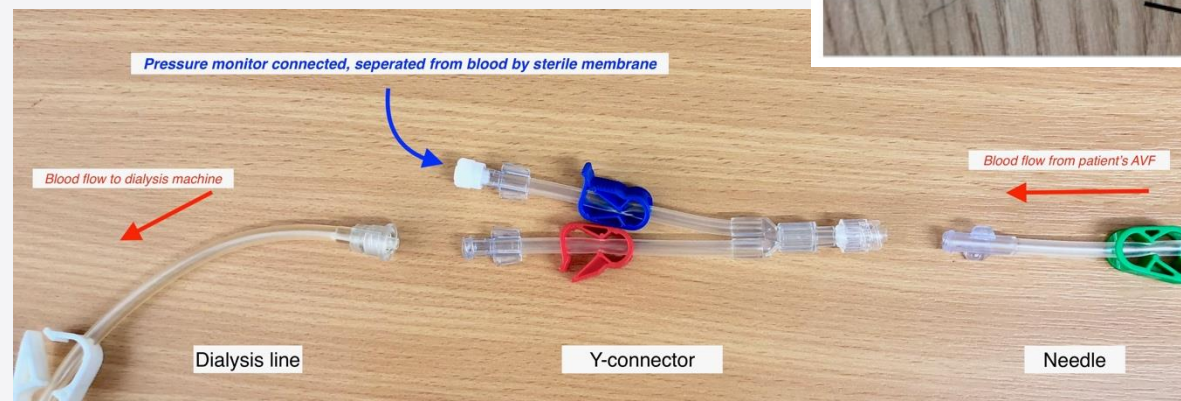
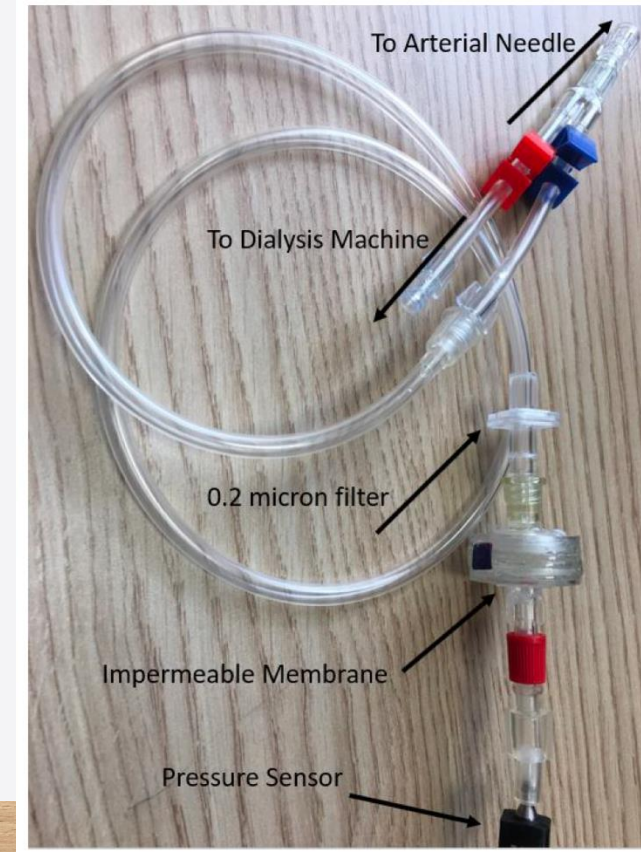
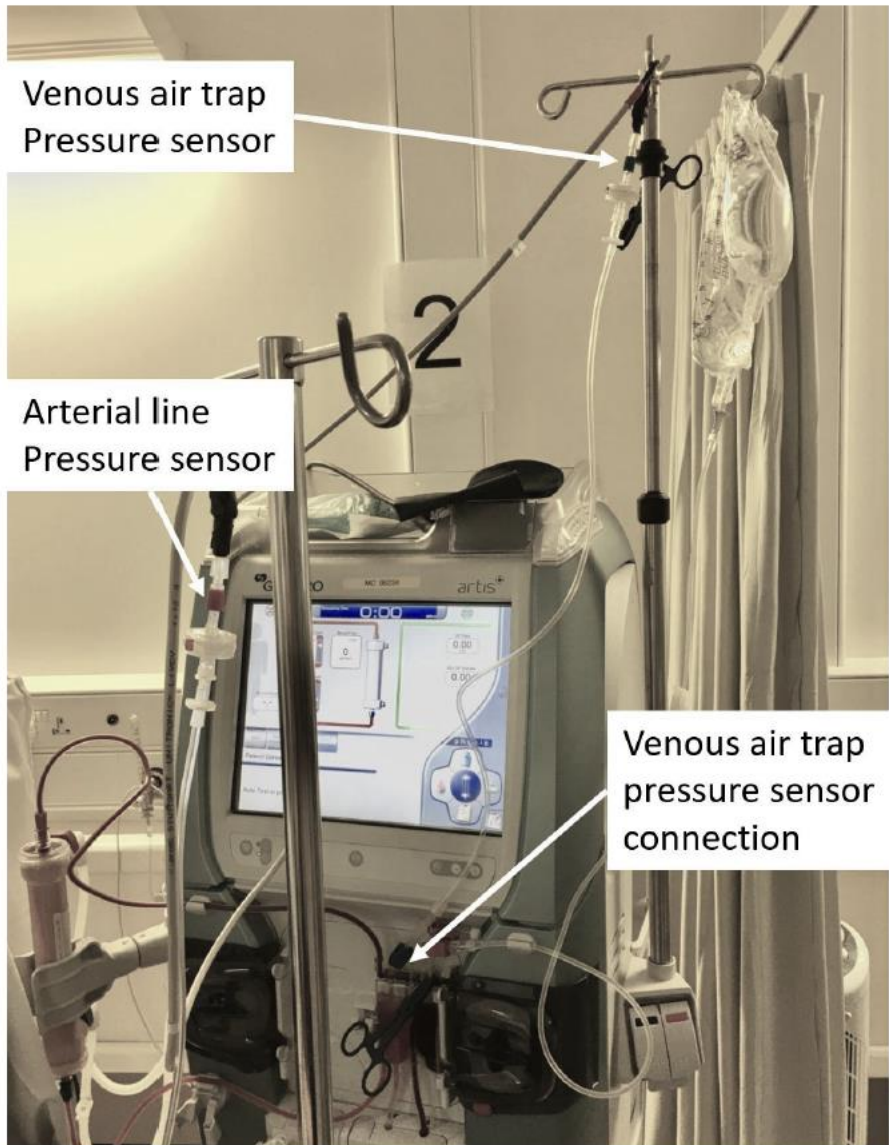
- 1. Pressure wave form in extracorporeal circuit dominated by peristaltic blood pump**
- 2. Complex relationship between A-line pressure and brachial BP**

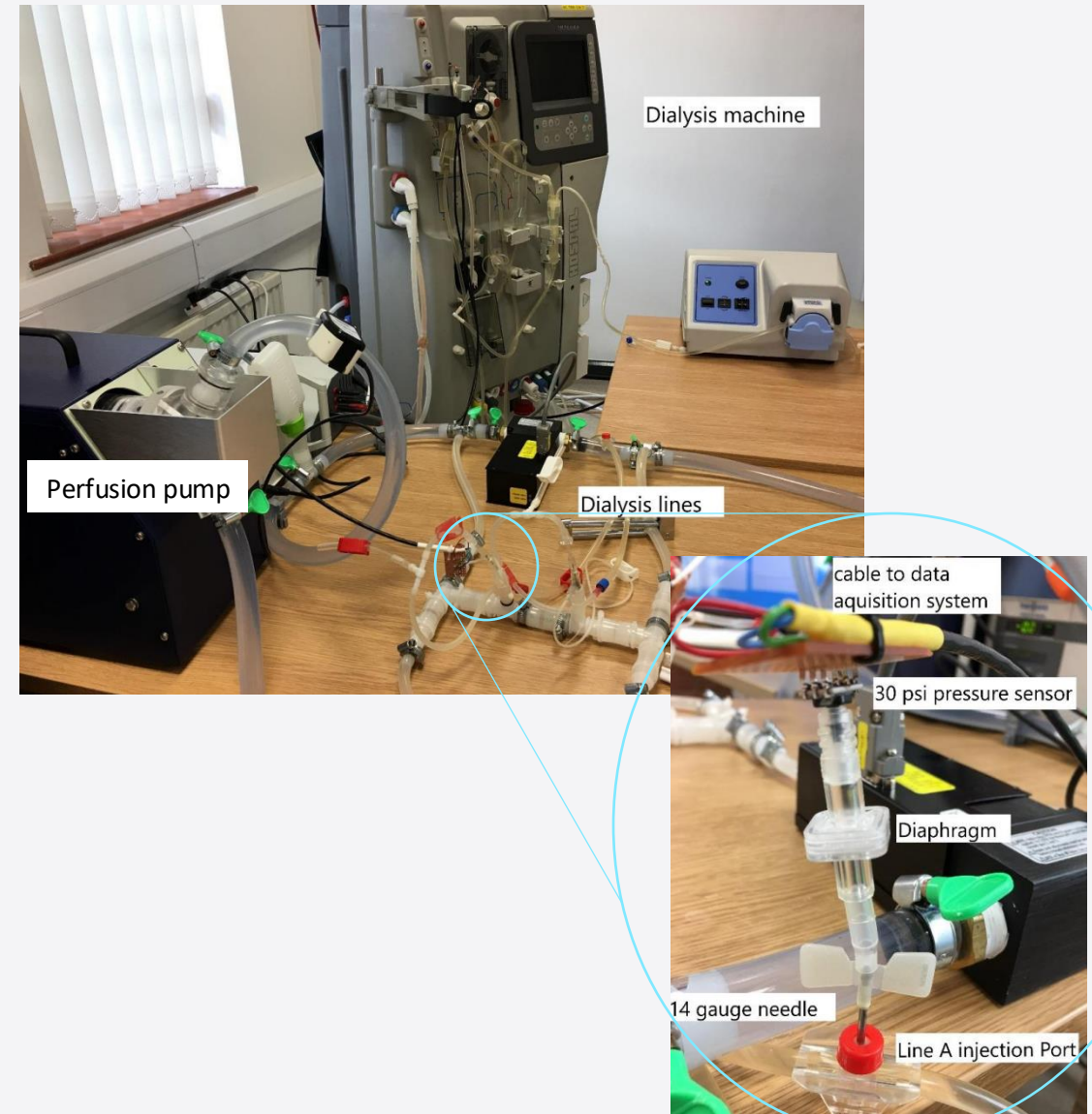




Schematic of experimental setup







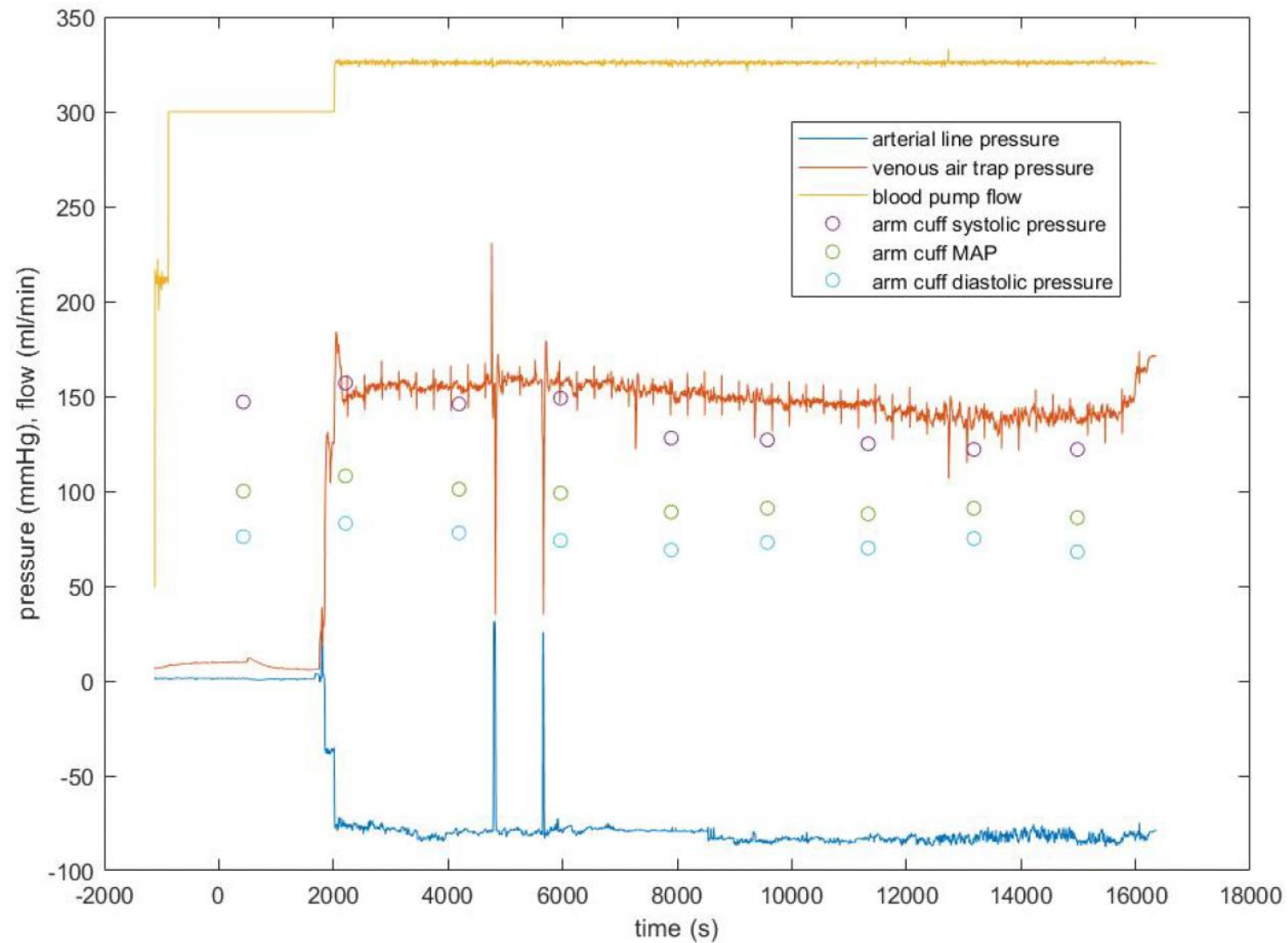


First clinical study: testing feasibility

- 11 patients
 - 58.3% male, median age 65 (IQR 48-78)
- Finapres as well as arterial pressure monitoring during single dialysis treatment
- Derived pump flow, arterial and venous line pressures, and brachial cuff pressure measurements calculated/recorded with synchronous time stamps
- Comparisons at each brachial BP reading against arterial line pressure



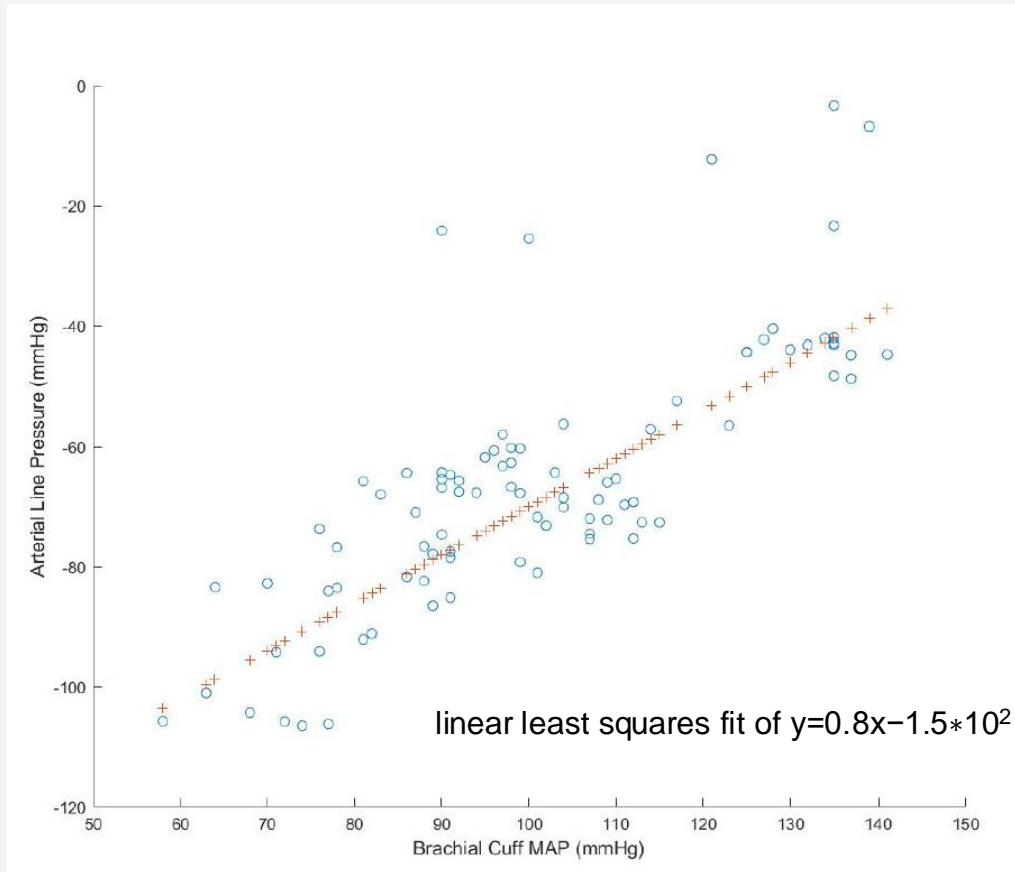
Typical output for example patient



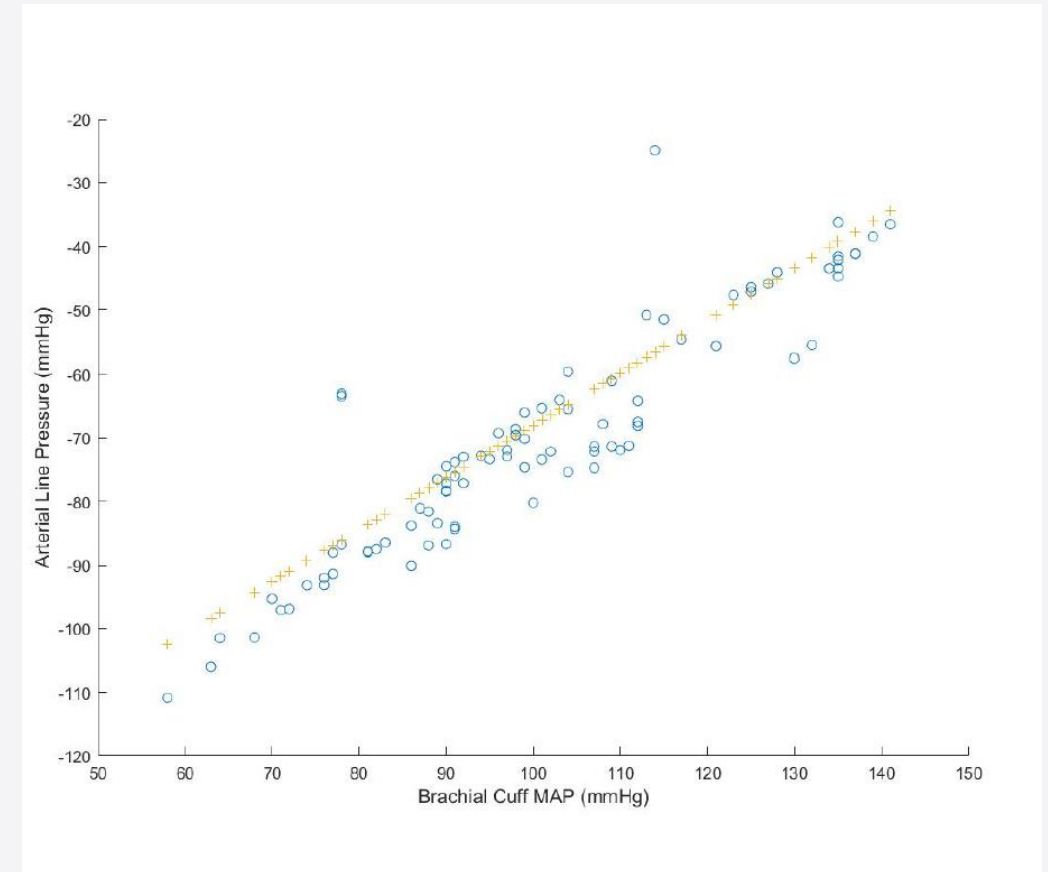


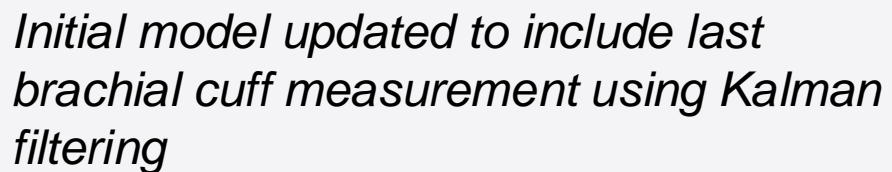
Arterial line pressure correlated with brachial BP

Uncorrected



Data corrected for time-varying effects







Second clinical study (DIAMONDS)

Aims:

- *obtain non-invasive continuous intradialytic blood pressure recordings in a cohort of haemodialysis patients*
- *develop an algorithm for real-time prediction of intradialytic hypotension*
- Prospective observational study
- Prevalent HD patients, including those prone to IDH, studied over three consecutive treatments
- Comparison of moving average (5-sec period) estimated BP immediately prior to systolic BP from cuff measurement



Participant characteristics

42 study sessions in 21 participants

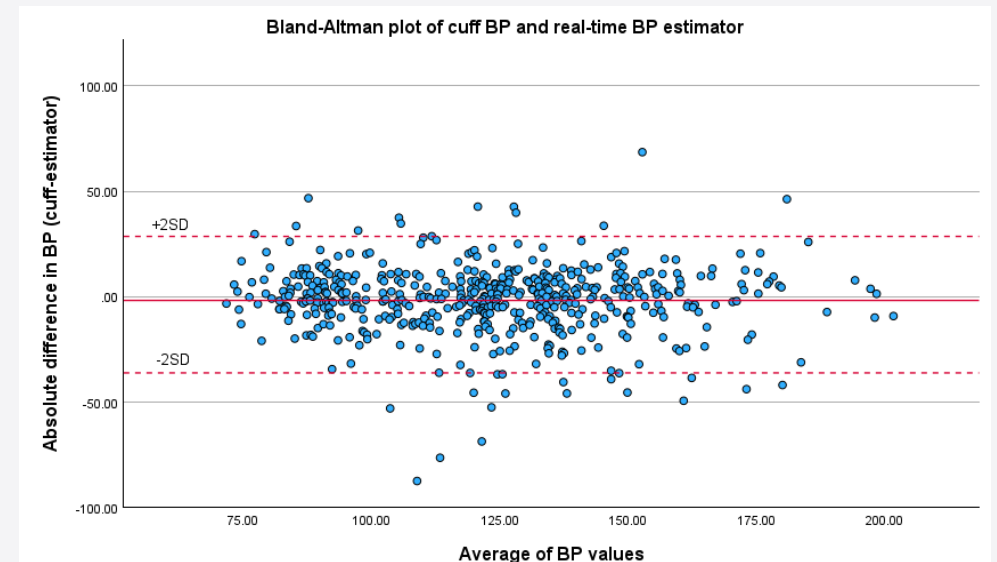
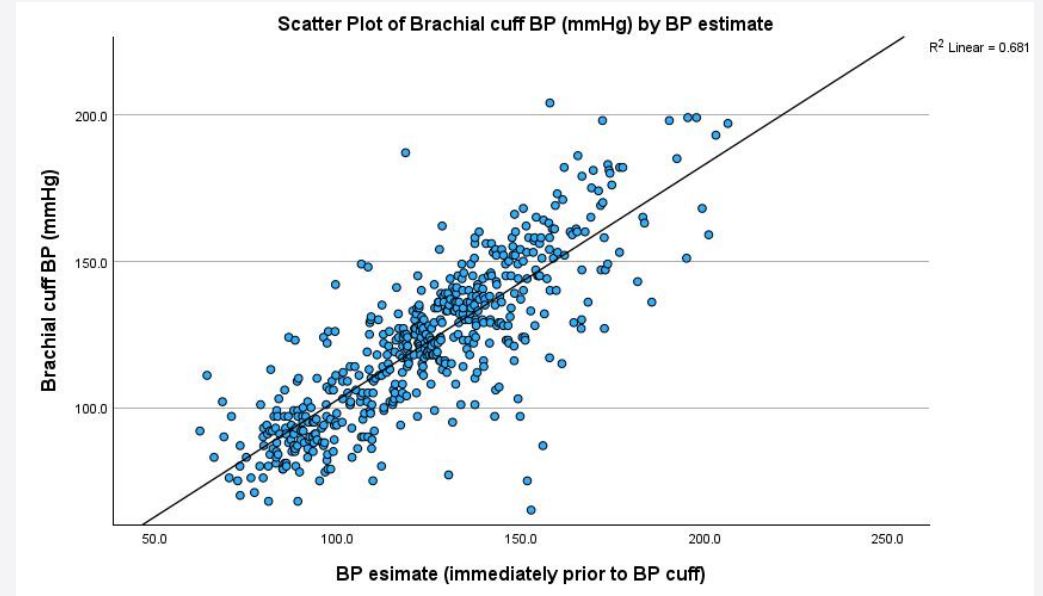
| Age (years) | 71 ± 11 |
|---|-------------------------|
| Male [n (%)] | 12 (57) |
| Diabetes [n (%)] | 7 (33) |
| Cardiovascular disease [n (%)] | 11 (52) |
| Dialysis vintage (months) | 20.0 (IQR 12.5 to 63.5) |
| Antihypertensive medication | |
| Angiotensin converting enzyme inhibitors [n (%)] | 3 (14) |
| Calcium channel blockers [n (%)] | 3 (14) |
| Beta blockers | 7 (33) |
| Fistula blood flow (QA) | 598 (390 to 1096) |
| Vascular access type | |
| Brachiocephalic arteriovenous fistula [n (%)] | 10 (48) |
| Radiocephalic arteriovenous fistula [n (%)] | 10 (48) |
| Radio/brachiocephalic arteriovenous fistula [n (%)] | 1 (4) |
| Needle gauge | |
| 2x14g [n (%)] | 15 (71) |
| 2x15g [n (%)] | 6 (29) |



Results: population

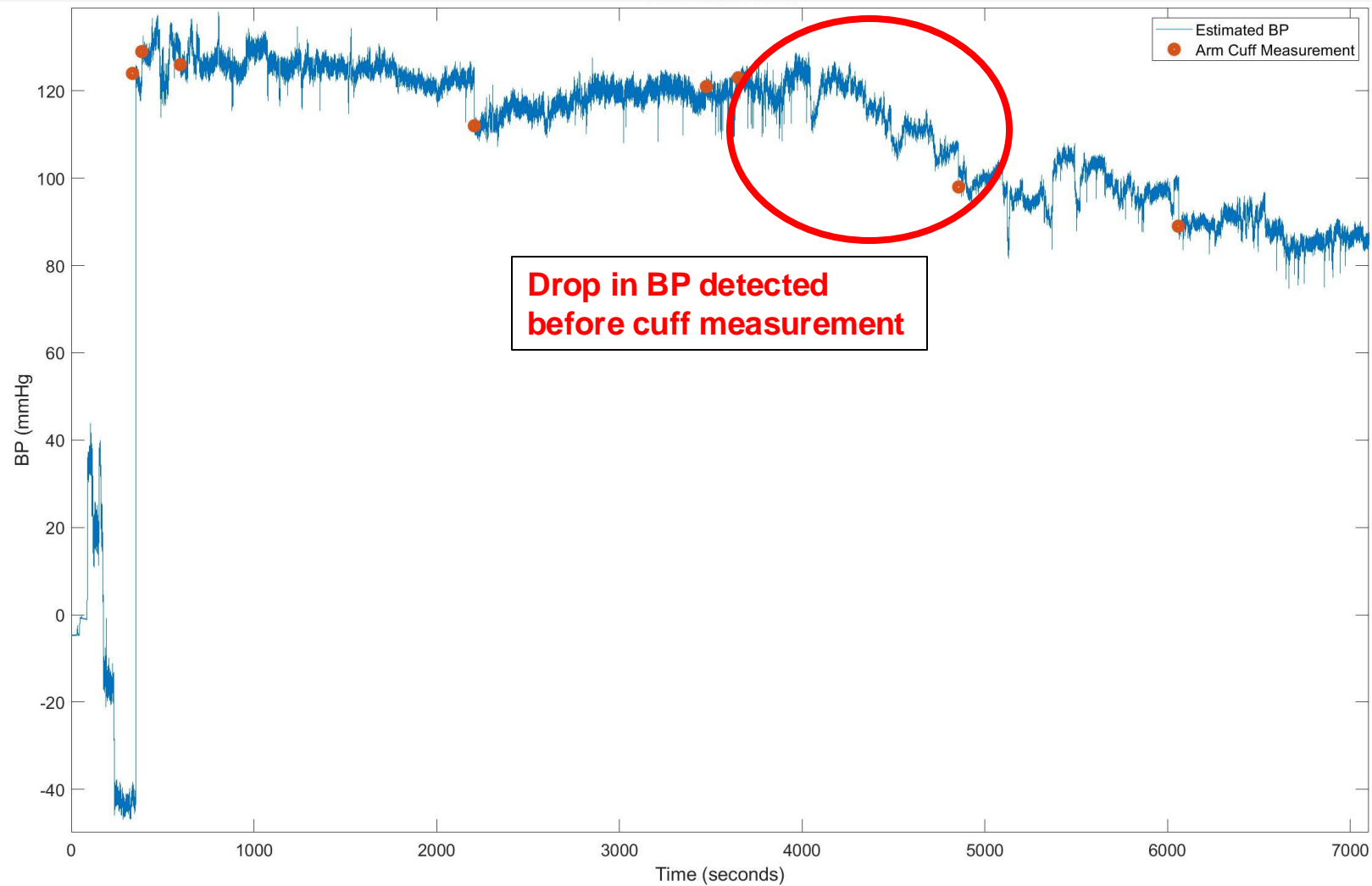
- 42 treatments, 525 data comparison points
- Good correlation between cuff BP and BP estimator ($r=0.83$, $p<0.001$)
- Mean absolute difference:
 $11 \pm 12\text{mmHg}$ (*negatives inversed*)
 $(-1.9 \pm 16\text{mmHg}$ *negatives unchanged*)
- P10*: 66.1%
- P30*: 95%

* % of estimator values within 10/30% of cuff value



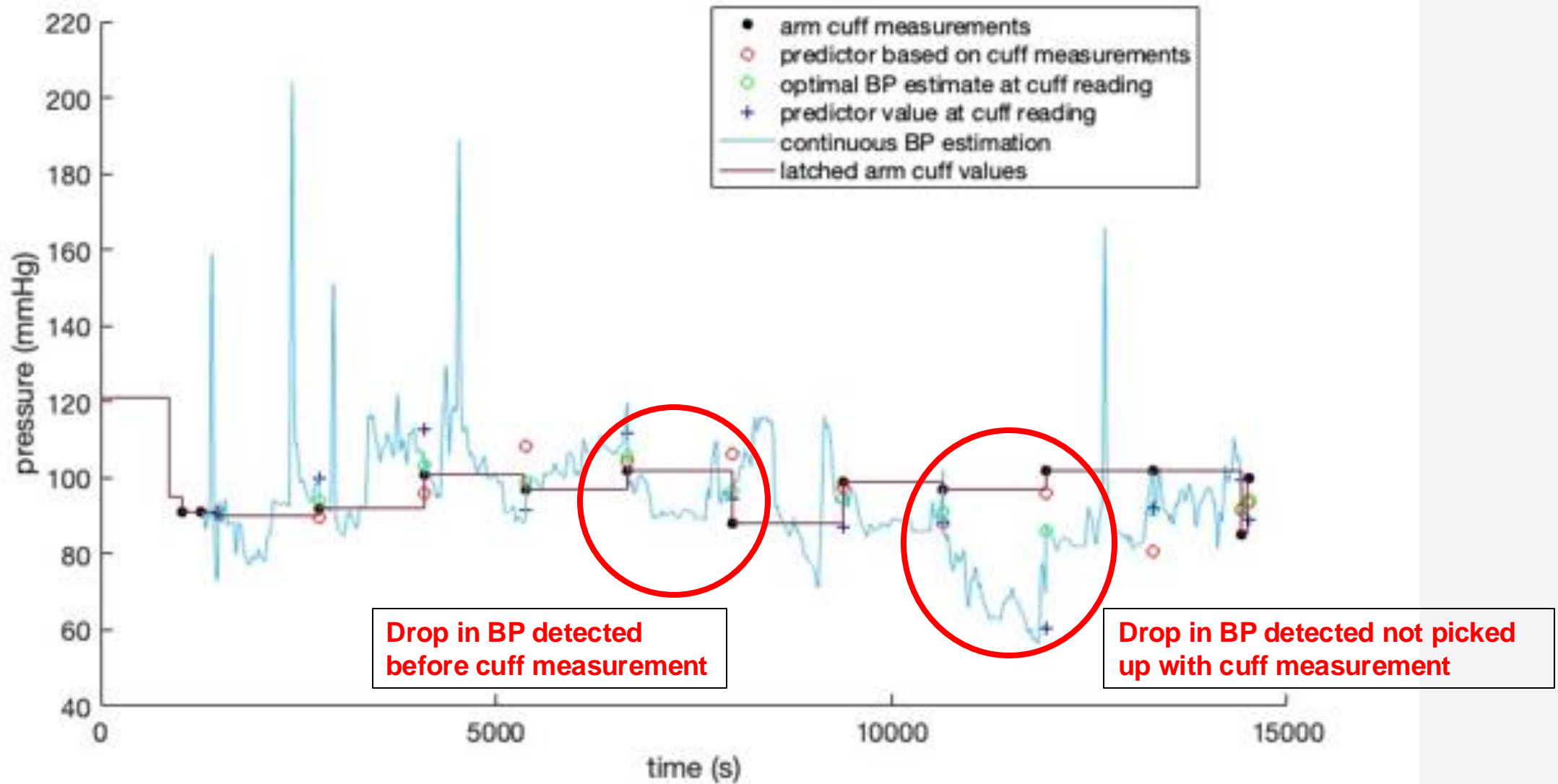


Individual treatment data: example 1



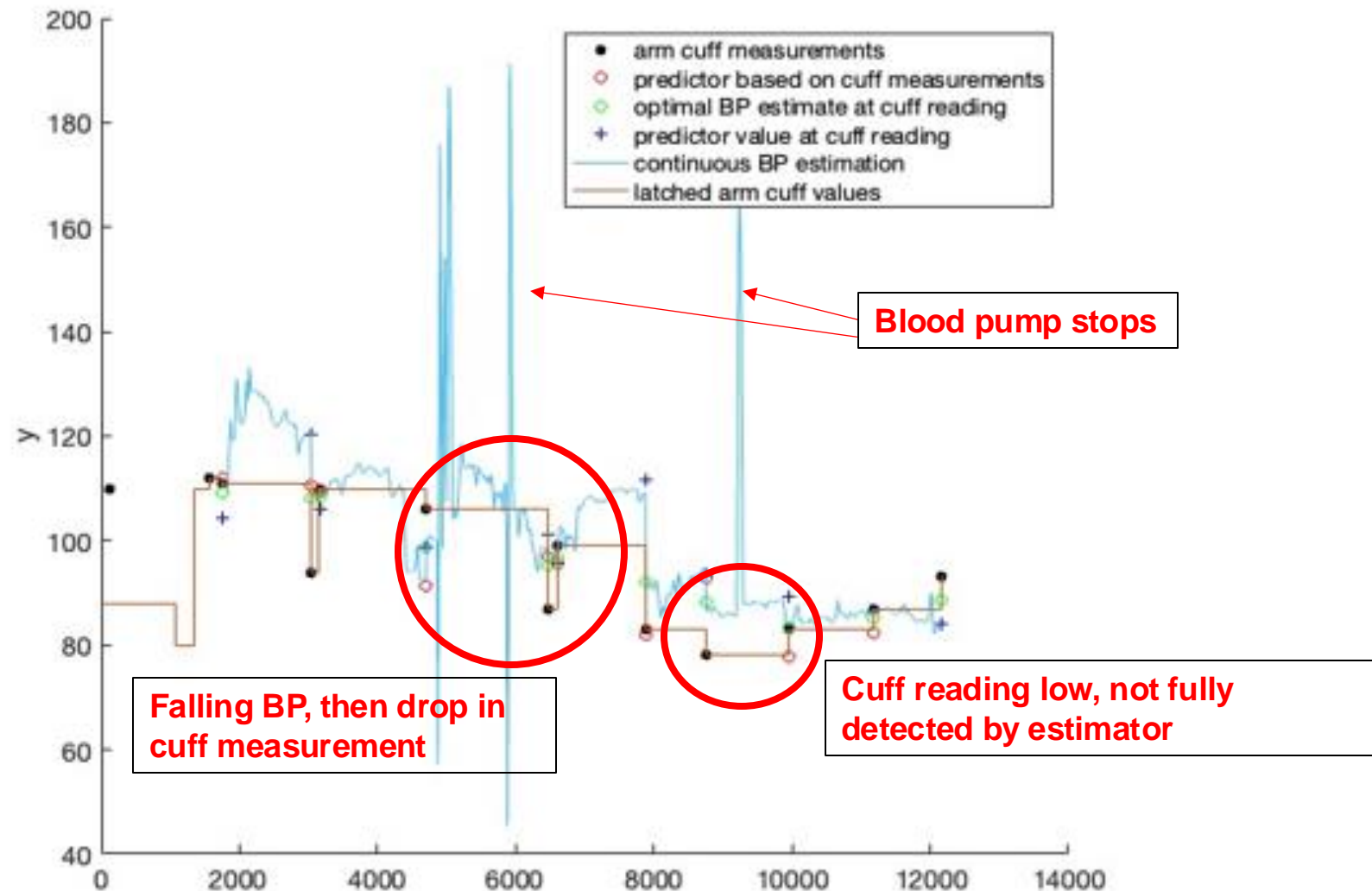


Individual treatment data: example 2



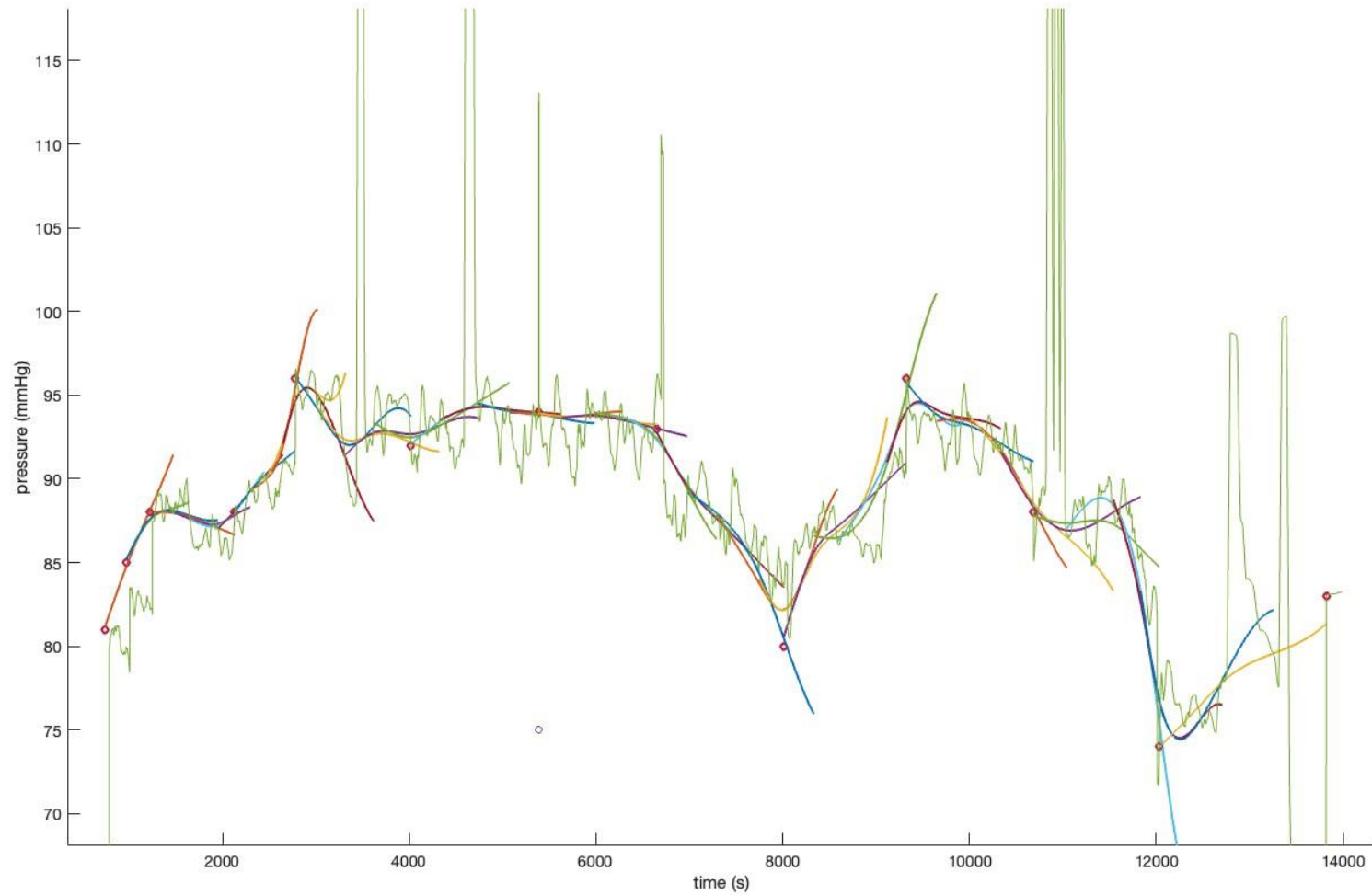


Individual treatment data: example 3



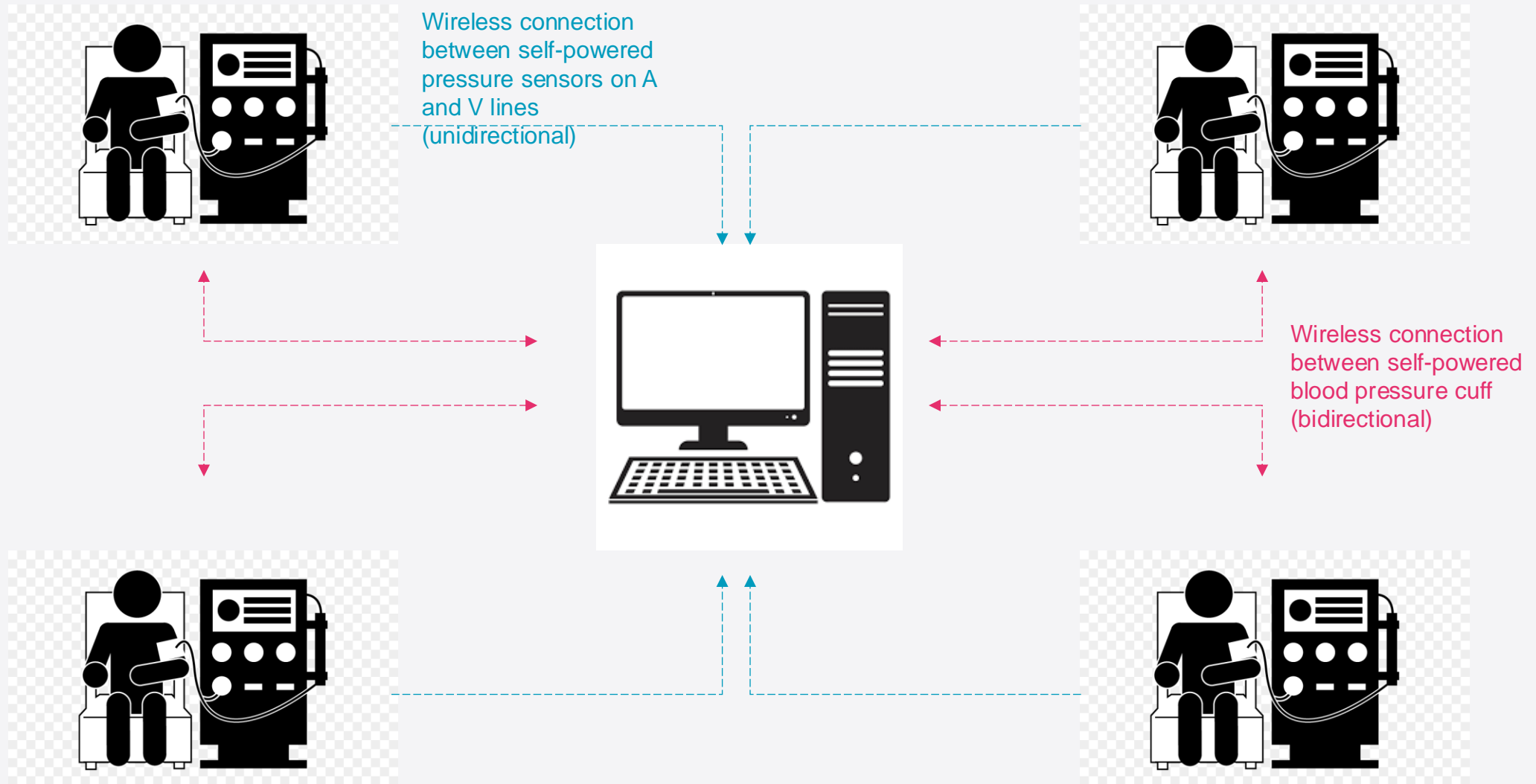


Developing a real-time predictor of IDH





Next steps: build wireless prototype





Conclusions

- Demonstrated that real-time continuous BP can be estimated using additional pressure sensors in the dialysis circuit, and without additional sensors on patient
- Case studies of benefit with earlier detection of IDH
- Foundation for individualised, real-time prediction of IDH



Next steps:

develop hardware

validate prediction model

test targeted interventions for IDH



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www.nottingham.ac.uk/research/groups/renal





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Research Fellow



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